The second dopamine center is part of the spectrum stage theory for PD described in the book "Possibilities with Parkinson's: A fresh look", by Dr. C.

Examples of breakdowns in the second dopamine center described in the literature and personally experienced:

- 1. Sleep-wake cycle (circadian clock) and hyper arousal
- 2. Regulation of body temp in the heat/cold
- 3. Thirst and hunger regulation
- 4. Postural stability
- 5. Autopilot body movement
- 6. DMN (Default Mode Network) resting "auto brain"
- 7. Impulsivity and emotion regulation
- 8. Histamine, cystine and dripping nose
- 9. Felt self and pain
- 10. Side effects: sleep disturbances, depression, anxiety, deep fatigue, loss of concentration, also difficulties with motor sequencing, problem solving and social skills

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